

Reverse Advent Calendar

Christmas is a time for giving, so this year the Young Leader's elective are organising a reverse advent calendar. Instead of you receiving something each day, we would like you to give something. As a tutor group we would like you to bring in 24 items from the list below to fill your box. The items will be given to the Rainbow Centre Food Bank in Scarborough on Thursday 14th December. They will then give your donations to those who need it most this Christmas.

Thank You
FOR YOUR HELP

What to put in your box

- Cereal
- Soup
- Pasta
- Rice
- Pasta sauce
- Beans
- Tinned meat or fish
- Tinned vegetables
- Tea/coffee
- Tinned fruit
- Biscuits
- Chocolates
- Mince Pies
- Christmas Cake/Pudding
- Toiletries – deodorant, toilet paper, shower gel, shaving gel, shampoo, soap, toothbrushes, tooth paste
- Feminine products – sanitary towels and tampons
- Baby supplies – nappies, baby wipes and baby food (tins, jars or packets).
- **Please do not send in baby milk.**

