

8th December 2020



Dear Parent / Carer

As a part of your child's education at Ebor Academy Filey, we promote personal wellbeing and development through our Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, now form part of the National Curriculum as of September 2020 and are therefore included in our Academy's PSHE programme. I am writing to let you know that in the first half of the spring and summer terms, PSHE lessons will focus on the relationships and sex education (RSE) aspect of this programme, as follows:

Year 7 - *Diversity, prejudice, bullying, self-worth, romance and friendships (including online) and relationship boundaries.*

Year 8 - *Discrimination in all its forms, gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception.*

Year 9 - *Families and parenting, healthy relationships, relationships and sex education including consent, contraception, and the risks of STIs.*

Year 10 - *Relationships and sex expectations, communities, belonging and challenging extremism.*

Year 11 - *Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse, different families and parental responsibilities, pregnancy, marriage, forced marriage and changing relationships*

Please visit the school's website for more detail about our PSHE curriculum.

Parents and carers have a right to withdraw their child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, will be granted up to three terms before your child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school should make arrangements for this to happen in one of the three terms before the child turns 16.

There is no right to withdraw from Relationships Education at secondary level and we believe the content of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught. However, we are confident you will share our enthusiasm for the successful implementation of the new PSHE curriculum, which we feel will benefit all of our students.

Should you require any further information or wish to discuss any aspect of our PSHE curriculum, please do not hesitate to contact me in school. Alternatively, you can email me at apickering@fs.ebor.academy.

Yours sincerely,

A handwritten signature in blue ink that reads 'A. L. Pickering'.

Mrs A Pickering
Safeguarding, PSHE & Careers Lead



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